

**August 16, 2021**

**Ps. 118:5-6** *“When hard pressed, I cried to the LORD; He brought me into a spacious place. The LORD is with me; I will not be afraid. What can mere mortals do to me?” (NIV)*

Think for a moment about a stressful or difficult time in your life. Were you able to handle it on your own? There is no doubt that we face trials on a continual basis. It seems sometimes that there are more trials than victories. Because of this, it would be easy for us to just want to give up and give in. We are reminded in this passage that all we need do is to call upon the only One Who can truly help us. The Psalmist knew that when the trials came, all he needed to do was to cry out to the LORD. Many times, we try to fix the situations that are un-fixable. We will look for answers in all the ‘worldly’ places. Why would we not first come to the only One Who knows what we need and cares so much for us?

When the Psalmist cried out to the LORD, the LORD answered. That’s what our Father does! He doesn’t leave us to fret and worry about what to do. When we sincerely ask Him, He will answer. **Jer. 33:3** *“Call to Me and I will answer you and tell you great and unsearchable things you do not know.” (NIV)*

Not only will He answer, He will provide His strength and protection. We will have no need to be afraid. This world has no hold over those who are redeemed. **Psalm 107:2** *“Let the redeemed of the LORD say so, whom He has redeemed from the hand of the enemy;” (NKJV)*

**Dear Father, remind us daily that our hope is in You alone. When trials come, draw our attention to You. You are our only hope. You are our salvation. You are our help in times of trouble. In Jesus Name, Amen**